全身性過敏反應的臨床及實驗室診斷 Diagnosis of anaphylaxis: Clinical and laboratory 譚國棟 臺中榮民總醫院內科部過敏免疫風濕科

Anaphylaxis is a systemic type 1 hypersensitivity reaction that may result in fatalities. Rapid diagnosis and timely management are crucial to prevent death in anaphylaxis. Nevertheless, the definition of anaphylaxis is still under debate. In recent years, serum tryptase emerges as a disease biomarker. An updated review on this critical issue is of utmost importance in clinical practice.