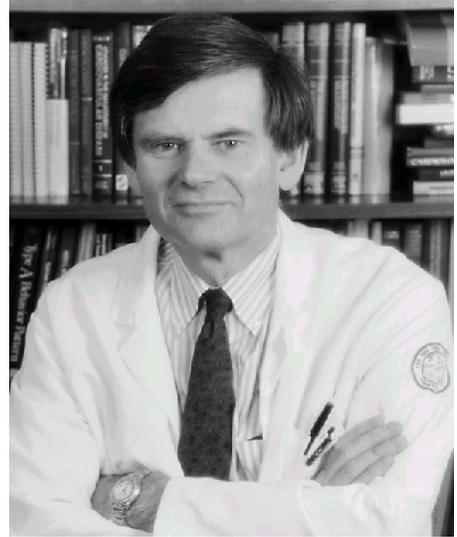


THOMAS G. PICKERING, M.D., D. Phil. is Professor of Medicine and Co-Director of the Behavioral Cardiovascular Health and Hypertension Program at the Columbia Presbyterian Medical Center in New York. His research training began with a Medical Research Council Research Fellowship in Cardiology at Oxford University with Dr Peter Sleight where he studied the physiology of the human baroreceptor reflex in health and disease, for which work he was awarded a D.Phil. in 1970. He then did a Fellowship with Dr Neal Miller at Rockefeller University from 1972-74. During this period he tested the hypothesis that paralyzed patients can be trained to control their blood pressure voluntarily. He was awarded the Young Investigator's Prize of the British Cardiac Society for this work in 1975.



From 1976 to 2000 he was at the Hypertension Center of the New York Presbyterian Hospital-Weill Medical College of Cornell University in New York, where he combined clinical practice in hypertension with research. From 2000 to 2003 he was the Director of the Integrative and Behavioral Cardiovascular Health Program at Mount Sinai Hospital. He is currently the Principal Investigator on an NIH-funded Program Project in behavioral medicine, entitled Psychosocial Factors in Cardiovascular Disease. His research contributions include the recognition of white coat and masked hypertension as clinically important entities of behavioral origin, the role of job strain in the development of hypertension, and the use of ambulatory and home blood pressure monitoring for evaluating the causes and consequences of hypertension.

He has authored more than 600 scientific articles and chapters, including a book on ambulatory monitoring, and a book on hypertension for the general public (Good News About High Blood Pressure) published by Simon & Schuster in 1996. He is on the editorial board of 12 hypertension or behavioral medicine journals, and is Editor of a journal called Blood Pressure Monitoring, and Senior Associate Editor of the Journal of Clinical Hypertension. He has served on the NIH Behavioral Medicine Study Section, the Task Force on Hypertension, and the Task Force on Behavioral Factors in Cardiovascular Disease. He is a former Secretary of the American Society of Hypertension, and chaired the committees which wrote the ASH guidelines on home and ambulatory monitoring, and the recommendations for blood pressure measurement for the American Heart Association. He contributed to the recent national guidelines for the evaluation and management of hypertension (JNC 6 & 7). He is a former President of the Academy of Behavioral Medicine Research, and of the Society of Behavioral Medicine. He also founded Hypertension Network, a patient-oriented website which provided information about hypertension and related conditions. He is a member of the FDA Cardiorenal Drugs Advisory Committee.