

內科醫學會教育講座

秒懂： 2023 腎臟病治療的新思維

(Understand in Seconds: Trends and Concepts of Renal Care in 2023)

台大醫院腎臟科主任 洪冠予教授

Chronic kidney disease (CKD) patients are at high risk for kidney failure, dialysis, atherosclerotic cardiovascular disease (CVD), heart failure, and premature mortality. Recent clinical trials support new approaches to manage diabetes and CKD. In 2022, American Diabetes Association (ADA) and the Kidney Disease: Improving Global Outcomes (KDIGO) published a joint consensus on CKD screening and management. It also called a new trend of comprehensive care in multi-disciplinary specialty for peoples with diabetes and CKD.

In this talk, we will at first introduce the risk factors of CKD and how to avoid them as possible.

Secondly, we will share information of milestone concepts and evolution of healthcare in CKD population.

The third part of this talk will focus on how we identify renal patients at risk of CKD. By using the new classification and algorithm proposed by ADA-KDIGO, we would like to let you understand in seconds on how to make “CKD risk reduction” happen. Through this multi-disciplinary collaboration, we can improve outcome of these renal patients.